

The Volunteer Voice

Message from the President



Dear Volunteers,

Soon we will be celebrating Horizon's 25th anniversary! Volunteers have been an instrumental part of our history and we intend to include you in the various planned activities.

1. **Hospice Stories:** This project will document the meaning, value, and culture expressed by our hospice. We are profoundly aware that volunteer experiences are an integral part of our care. We are also aware that the meaning of your involvement is poorly understood by outsiders. Therefore, please give us your thoughts and experiences. We will make them part of future publications.
2. **Anniversary Celebrations:** We will be having our Silver Anniversary Benefit as well as an educational conference and other activities to make the year special. Your help will be needed to insure the success of each and every project.
3. **Public Support:** We will be asking you for ideas and input as we develop ways to make the anniversary year celebrations more available to the public. We want your help in developing ways that patients and families might participate, raising awareness at your workplace and in your community, and identifying potential sponsors – individuals or groups -- in the community who might join us in celebrating Horizon Hospice and care of the dying (by volunteering time or “in-kind” contributions).

The combined efforts of Volunteers, Board, Staff, and our friends and supporters should make for an exciting anniversary year!

Sincerely,

Michael Preodor, MD, FACP
President

Babette Speaks

Dear Volunteers,

I have become disenchanted with evening volunteer meetings, not because of the programs or presenters, but because of the poor attendance from my fellow volunteers. These meetings require a lot of work and are always excellent and well worth the effort. It is frankly embarrassing for me to attend and see just a handful of volunteers. Also the dynamics of these meetings work much better when there is a larger group interacting.

True, there are times when we cannot make it to the meeting—I'm not implying that my attendance is 100%—but these meetings and workshops add an important dimension to our volunteer lives and consequently are worth the effort and even the inconvenience to attend.

Please make attendance a priority in the future! I hope to see you at the Final Hours meeting with Dr. Mike Marschke on October 2?

Best wishes,

Babette Powell
Hospice Volunteer



From Karen

Dear Volunteers,

I hope you have been enjoying the outdoors and the sun this summer! We have been very busy here at Horizon and a long walk in the woods or along the Lake is what helps me relax and regain perspective. I encourage you to take time today to treat yourself and do something special that helps you relax.

The bereavement department is pleased to announce a new arrival, Terra Solove. Terra is a part-time bereavement counselor who comes to us from Michigan. She has years of hospice experience and we are very pleased to have her join the Horizon team.

We are in need of volunteers to help out twice a month with phone calls to our bereaved family members. If you are interested, please contact Karen at 312-492.3056. Our upcoming phone-a-thon evenings are

Tuesday evenings at 5:30pm-7:30pm:

August 13, 2002

August 27, 2002

September 10, 2002

October 8, 2002

October 22, 2002

November 12, 2002

Please put September 14, 2002 on your calendar. On that day we are having our 2nd annual 5K Walk in the Woods. This is a time for bereaved families of Horizon Hospice and the community to come together to celebrate the life of their loved one. We will also be remembering those who died from the September 11th events. We will have a gathering time afterwards for a picnic, scrap booking, and games for children. We need your help! We need volunteers to help with the following activities:

- * organize and play games with children
- * assist at scrap booking table
- * design signs with encouraging words for along the trail
- * water breaks
- * floaters to help with various tasks

We would appreciate any time you can give-hope to see you there! Contact me for details.

Have a wonderful summer filled with love and laughter!
Warmest wishes,

Karen V. Horinek
Bereavement Coordinator

From Noel

Dear Volunteers,

Staff information -Enclosed please find the latest information about our Staff and how to reach us. Pagers are to be used only in emergency situations. Volunteers will find it helpful to have staff extension numbers if they need to reach a team-member.

You will note that there are many new names on the list. We welcome all of our new staff since the last edition of the Voice. Please keep this confidential information in a safe place.

Volunteer voicemail extension -

A extension was established recently to allow volunteer access to patient information. As this is highly confidential, you may access this voicemail only by speaking first with the Volunteer Coordinator. Please call ext. 232 for more information.

Volunteers welcome at weekly Interdisciplinary Team (IDT) meeting

As a fully integrated component of Horizon Hospice's human resources, volunteers are welcome to attend the weekly team meeting at Horizon Hospice. This meeting is usually held on Thursday mornings from 9:00am to 11:00am. Volunteer cases are given priority in case you need to leave early. However please call beforehand to confirm the time and let us know you will be attending.

You might note that this is our first newsletter for volunteers this year. That is because we have not received much to publish! The Voice is yours. Please use this publication as a forum to share your stories, reviews, ideas, successes etc.

Noel Gilligan
Volunteer Coordinator

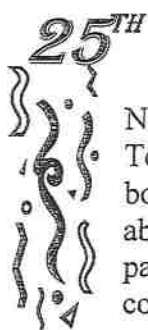
News of Note

- **Carlton Owens** is the new part-time Assistant Volunteer Coordinator. His hours are usually 1pm-5pm. His extension is 260.

New Volunteers -- During 2002 we welcomed the following new volunteers:

Jeff Aaron	Victoria Adibu
Jana Bolduan	Emily Burchfield
Peter Chien	Kathy Fitzpatrick
Sarah Gee	Jim Graham
Murren Hill	Sheila Lange
Eric Lind	Therese Lynch
Kerry Matesi	Eileen Taylor
Jen Schmelz	Catherine Stewart
Debbie Terry	Domenica Thompson
Cathy Welsh	

We bade farewell to Alethea Crippen-Fleming, and Dorothy Wadsworth, who are both going to Medical School, and also to long time volunteer and board member Joe Streeto, who relocated to California.



Silver Jubilee

Next year is Horizon Hospice's 25th anniversary. To mark this event, we are hoping to publish a booklet of volunteer stories. The stories may be about your own individual experiences with particular patients or families. To protect confidentiality, of course, we will use assumed names only. Stories or anecdotes should be short enough to fill no more than a page or two.

We hope you will take the time to submit a story, memory or experience that you have. The goal would be to have a collection that encapsulates the essence of the hospice volunteer experience. You may, of course, submit more than one story! You can submit stories for editing to Melanie Kubale or Noel Gilligan via e-mail.

mkubale@horizonhospice.org or
ngilligan@horizonhospice.org

We are also planning other celebratory events, including a benefit event that will be a somewhat more formal affair than recent years. Details will be in the next Horizon Hospice newsletter.

Calendar of Upcoming Activities

Please post to a) your calendar; and b) your refrigerator door

A third class of volunteer training will be offered in the fall of 2002, starting in mid October. Current or veteran volunteers are welcome to attend in order to brush up on old skills or find new information. Of course, you must call to confirm your attendance, as spaces are limited. Please call 312-633-9490 ext 232. Classes are held on consecutive Wednesday evenings as follows:

Session 1: Medical Ethics/ Making Difficult Decisions

Session 2: Social Work/ Active Listening Skills

Session 3: Universal Precautions/ Infection Control/ Terminal Illness and Caring for the Homebound Patient/
The Dying Process

Session 4: Spiritual Care

Session 5: Grief and Bereavement Skills for the Hospice Volunteer

Bereavement volunteer phone-a-thon - Tuesday evenings at 5:30 - 7:30 pm

August 13, 2002

October 8, 2002

August 27, 2002

October 22, 2002

September 10, 2002

November 12, 2002

Walk in the Woods Remembrance Event – Saturday, September 14, 2002

This second annual event, at the Clayton Smith forest preserve on Chicago's far northwest side, features a 5K walk, snacks, children's games and a scrapbooking session.

End of Life Care Workshop - Wednesday, October 2, 6:00-7:30 pm at Horizon Hospice

Providing Care during the Final Hours with Dr Mike Marschke, Medical Director, and Lori Hedges RN, Clinical Nurse Educator. Space is limited.

Memorial Service – Thursday, October 10th, 7 pm at Mercy Hospital

For all events please call at least 48 hours beforehand to confirm your attendance: 312-633-9490 ext 232



833 W. Chicago Avenue
Chicago, IL 60622
312/733-2233